

## **REGISTRATION FORM**

### **Successful Community Living: Cross-System Strategies for Supporting Vulnerable Adults**

Please print legibly and keep a copy for your files.

Please select **ONE** training location:

☐ **Moses Lake -- Wednesday, August 23, 2006**

*Location:* Big Bend Community College, 7611  
Bolling St. NE, Moses Lake 98837 (509) 793-2372

☐ **Kennewick -- Thursday, August 24, 2006**

*Location:* Red Lion Hotel Columbia Ctr, 1101 N  
Columbia Ctr Bldg, Kennewick 99336 (509) 783-0611

☐ **Vancouver -- Tuesday, August 29, 2006**

*Location:* Red Lion Hotel @ the Quay, 101 Colum-  
bia St, Vancouver 98660 (360) 694-8341

☐ **Port Angeles -- Thursday, August 31, 2006**

*Location:* Red Lion Hotel, 221 North Lincoln, Port  
Angeles 98362 (360) 452-9215

☐ **Arlington -- Tuesday, September 26, 2006**

*Location:* Hawthorne Inn & Suites, 16710 Smokey  
Point Blvd, Arlington 98223 (360) 657-0500

☐ **SeaTac -- Friday, September 29, 2006**

*Location:* Doubletree Hotel Seattle Airport, 18740  
International Blvd, Seattle 98188 (206) 277-7589

Name \_\_\_\_\_

Title \_\_\_\_\_

Name of Agency \_\_\_\_\_

Agency Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

e-mail address: \_\_\_\_\_

Vegetarian ☐

Please send registrations to:

Washington Community Mental Health Council

600 Stewart Street, Suite 520, Seattle, WA 98101

Fax: (206) 389-3284 Phone: (206) 628-4608 x12



Washington Community Mental Health Council  
600 Stewart Street, Suite 520  
Seattle, WA 98101-1217

# Successful Community Living: Cross- System Strategies for Supporting Vulnerable Adults

August 23, 2006 — Moses Lake

August 24, 2006 — Kennewick

August 29, 2006 — Vancouver

August 31, 2006 — Port Angeles

September 26, 2006 — Arlington

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*Sponsored by the Department of  
Social & Health Services' Mental  
Health Division, Aging &  
Disability Services Administration,  
and the Division of Alcohol &  
Substance Abuse, and presented by  
the Washington Community  
Mental Health Council*

*Funding by the New Freedom  
Initiative State Coalitions to  
Promote Community-Based Care*

## Free of Charge

### Who Should Attend?

- Care providers and staff in settings that serve vulnerable adults
- DSHS staff supporting vulnerable adults
- Others interested in supporting vulnerable adults

One of the goals of a recovery-oriented system of care is helping individuals remain in the community. This one-day training is designed to increase the knowledge of those supporting vulnerable adults, so that they are aware of the available resources and system structures that can assist them in helping their clients remain in the community.

### About the Presenter

Theresa C. Mahar is a Licensed Independent Clinical Social Worker who has worked with multiple populations for 32 years. She began her career at Lakeland Village, where she worked with developmentally disabled adults for 21 years. She has worked at Eastern and Western State Hospitals as the Director of Social Work. Theresa is also a licensed nursing home administrator and has consulted in nursing facilities since 1986. At the Mental Health Division, she worked with the RSN Administrators to develop the 1999-2001 state mental health contract for \$600M, worked with mental health centers around the state to implement the Allen/Marr lawsuit mandates and provided crisis plan training to direct care staff. Theresa co-authored a paper with Cheryl Strange on the Washington State system of integrating mental health and developmental disabilities concepts to ensure that dually diagnosed clients receive the treatment they need from both systems.

### **Successful Community Living: Cross-System Strategies for Supporting Vulnerable Adults**

#### Session Schedule for all Trainings

|                        |  |
|------------------------|--|
| <b>8:00 am—9:00 am</b> | <b>Check In</b> ( <i>coffee &amp; pastries</i> ) |
| <b>9:00 am—noon</b>    | <b>Training</b>                                  |
| <b>Noon—1:00 pm</b>    | <b>Lunch</b> ( <i>provided</i> )                 |
| <b>1:00 pm—4:00 pm</b> | <b>Training</b>                                  |

#### COURSE OUTLINE:

1. Welcome & Introductions
2. Overview of Systems
3. Panel of regional presenters offering models that work
4. Skill Building Session
  - a. Working with challenging behaviors and de-escalation techniques
  - b. Real life crisis planning for prevention and intervention
  - c. Documenting for real life situations
  - d. Caring for yourself as a caregiver
5. Conclusions/evaluations

#### OBJECTIVES:

1. Increase awareness of best and promising practice models that help individuals remain in the community.
2. Increase knowledge of available resources and system structures for Developmental Disabilities, Aging, Chemical Dependency Treatment, Mental Health and Long-Term Care.
3. Develop new skills in supporting people in the community, as noted above in the course outline.

### Registration Form on Reverse Side

Please mail or fax registration form to WCMHC at:

**600 Stewart Street, Suite 520**

**Seattle, WA 98101-1217**

**Fax: (206) 389-3284**

**Phone: (206) 628-4608 x 12**

Please contact the Washington Community Mental Health Council with any questions about these programs at (206) 628-4608 x 12 or [aavery@wcmhcnct.org](mailto:aavery@wcmhcnct.org)

**SPACE IS LIMITED.** ALTHOUGH THERE IS NO FEE FOR THESE TRAININGS, PRE-REGISTRATION IS **REQUIRED**. A CONFIRMATION LETTER W/ DRIVING DIRECTIONS WILL BE SENT UPON RECEIPT OF REGISTRATION. IF YOU DO NOT RECEIVE A CONFIRMATION LETTER, PLEASE CONTACT THE COUNCIL (206) 628-4608 x12.

**A limited number of sleeping rooms have been set aside at most of the locations. Please mention the training name to receive a government rate.**

#### Continuing Education Credits (6.0 Hrs)

The Washington Community Mental Health Council is qualified to provide continuing education credits required by Washington State for Licensed Social Workers, Licensed Mental Health Counselors and Licensed Marriage and Family Therapists. This program will provide **6.0** hours of continuing education credit for those who attend the full training.

***The New Freedom Initiative State Coalitions to Promote Community-Based Care have made this training available, at no cost to attendees.***